



Volunteer Position Description

Network Friend

We ask that you visit the focus person once or twice a month.

Lifetime Networks is a non-profit society that builds and maintains Networks of Personal Support around individuals who may be isolated due to barriers such as disabilities or mental health issues. Each network is facilitated by a Network Facilitator and is comprised of volunteers called Network Friends.

Function

To develop a reciprocal friendship based on mutual interests and a desire to make a difference in the life of someone who is experiencing isolation or loneliness.

Administrative Structure

The Network Facilitator supports the Network Friends. The Network Facilitator acts as a liaison between Lifetime Networks, the other Network Friends, parents, family, and the person at the centre of the network (called the Focus Person).

Duties/Position Requirements

- Criminal Record Check, Confidentiality Agreement, Conflict of Interest Form and Driver's Abstract
- Monthly contact with the Network Facilitator by phone or email
- Two in-person visits per month with the person at the centre of network
- Weekly contact (i.e. by phone or email) with the person at the centre of the network
- Attendance and input at network planning meetings, held several times per year

Qualifications/Desirable Characteristics

- An understanding of, and respect for, the confidentiality of the Focus Person and family
- Respect for the Focus Person and his/her unique needs
- Ability to recognise and honour personal choices for the Focus Person
- Self-motivated, patient, flexible
- Ability to work with a team to offer appropriate friendship and support to the Focus Person