

Lifetime Networks welcomes autumn!



FRIENDSHIP • SUPPORT • COMMUNITY

Register now!
Call 250-477-4112
or email info@Lnv.ca

September 16 - December 7 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Social Cooking 3:30 - 5:00pm</p> <p>(10 sessions) \$195</p> <p>Explore foods from around the world and learn new skills on the journey.</p> <p>*Closed October 14 and November 11. No Classes.</p>	<p>Music 6:15 - 7:15pm or 7:30 - 8:30pm</p> <p>(12 sessions) \$132</p> <p>Meet new friends and make some noise in this fun, casual atmosphere.</p> <p>Healthy Sexuality 3:30- 5:00pm</p> <p>(Runs thru Fall & Winter) \$393 (for both) Supportive 2 term program on intimate relationships and sexual health.</p>	<p>Literacy: Beginning Readers 3:15- 4:15pm</p> <p>(12 sessions) \$132</p> <p>Learn to love reading, build literacy skills, and make friends in a small, relaxed group.</p> <p>Literacy: Emerging Readers 4:30- 5:30pm</p> <p>(12 sessions) \$132</p>	<p>Art Studio 6:30 - 8:00pm</p> <p>(12 sessions) \$208</p> <p>Dabble in paint, create a collage, mold with clay and more!</p>	<p>Friday Social 7:00 - 9:00pm</p> <p>(12 sessions) \$284</p> <p>Join in games & activities, share things that interest you while meeting new friends!</p>	<p>Gals Group 10:30am - 12:30pm (12 sessions) \$284</p> <p>Plan activities that interest you, hang out. Includes off-site activities and adventures.</p> <p>----- Saturday Social 6:15 - 8:15pm (12 sessions) \$284</p> <p>Join in games & activities, share things that interest you while meeting new friends!</p>