

A Letter of Support for Lifetime Networks

For the past 10 years I have been a “network volunteer” at Lifetime Networks (LNV). I was new to Canada and Victoria and was extremely thankful that I found a place where I could contribute positively. Over the past 10 years our network of 5 have experienced tremendous joy and sadness. Our “Network Person” has lost her mother more than 5 years ago. Through this very difficult time, we saw the beauty and function of a network in action – volunteers who became friends who can support someone through a very difficult time in their life. Some of us were also there when she was celebrated at her part-time job for 10 years of service, and then more than a year ago, when she retired.

And “networks” is just one component of the meaningful and transforming services that LNV provides. The *Being a Citizen* program is also a very popular and impactful program that focuses on academic and social communication skills. Young adults who might not have the opportunity to access college or a post-secondary institute, could build some skills that would prepare them for employment. The customized and individual employment support that participants receive through LNV empowers them to participate fully in community. So many of us define ourselves by the work we do. Imagine being told that you are not employable? At Lifetime Networks everyone is employable.

Lifetime Networks continues to innovate and customize programs to meet the needs of those in the community. Theatre Troupe, Healthy Relationships & Healthy Sexuality programs, Outreach Support, and Social Groups were all developed and designed to accommodate, include, and celebrate the unique needs, interests, and talents of the LNV community.

I am proud to be a lifetime Volunteer with LNV.

Sincerely,

Helena Prins

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